



**Residents' Breakfast**

# Continental Buffet

please help yourself to these items

*(ask for allergens & calories)*

**Assorted Juices**

**Fresh Fruit Salad**

**Freshly Baked Pastries**

**Yogurt Selection**

**add** muesli, seeds, fresh fruit or honey

**Selection of Cereals**

**Sliced Ham & Cheese**

## Hot Buffet

a selection of hot food including

*(ask for allergens & calories)*

**Smoked Bacon**

**Grilled Sausage**

**Mushrooms**

**Baked Beans**

**Fried Hen's Eggs**

**Scrambled Hen's Eggs**

**Hash Browns**

**Grilled Tomatoes**

# Cooked To Order

Please order with a member of the team

## **Vegan Breakfast (ve)**

vegan sausage, vegan black pudding, grilled tomato,  
mushroom, baked beans, spinach  
(G, S, SD, CE) 533 kcal

## **Eggs Benedict (gfo)**

English muffin, grilled bacon,  
a brace of poached hen's eggs,  
hollandaise sauce (G, E, D, S) 505 kcal

## **Eggs Royale (gfo)**

English muffin, oak smoked salmon,  
a brace of poached hen's eggs,  
hollandaise sauce (G, F, E, D, S) 481 kcal

## **Eggs Florentine (v, gfo)**

English muffin, creamed spinach,  
a brace of poached hen's eggs,  
hollandaise sauce (G, E, D, S) 586 kcal

## **Spinach, Mushroom & Tomato (ve, gfo)**

toasted muffin (G, S) 393 kcal  
**add** a brace of hen's eggs (v)(E) 120 kcal

## **Bacon or Sausage Sandwich (gfo)**

grilled rashers of bacon or sausages,  
white or malted brown bloomer  
(G, D) bacon: 501 kcal / sausage: 459 Kcal  
**add** a hen's egg (E) 60 kcal

## **Gluten Free Porridge (v, veo, gf)**

choice of berries, honey or plain  
(D) 520 kcal



### *Part of The Coaching Inn Group*

If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

V (VO): Vegetarian (on request) VE (VEO): Vegan (on request) GF (GFO): Gluten-Free (on request)  
C: Crustaceans • CE: Celery • D: Dairy • E: Eggs • F: Fish • P: Peanuts • G: Gluten • L: Lupin  
N: Nuts • MO: Molluscs • MU: Mustard • S: Soya • SD: Sulphur dioxide • SE: Sesame seeds